Idea	Character/s	Illustrated when	Quotes
You need to believe in yourself to reach your full	Neo	Neo's first jump - not ready to be the One.	"Don't think you are faster. Know you are!" (Morpheus)
potential.	Morpheus Oracle	After being shot and Trinity's kiss, Neo believes in himself.	"My name is Neo" (As opposed to Thomas Anderson)
Many people choose easy options, or do not take "the road less travelled" (Robert Frost).	Average people in Matrix.	Most are not ready to leave the Matrix. Especially when older.	
Not everyone has the will or strength to appreciate/ value freedom.	Cypher	Cypher is unhappy because of harshness of life on the Neb and in the real world. He wants to be plugged back in - he opts for a return to the easy life.	"Ignorance is bliss". 'Why oh why didn't I take the blue pill?"
Technology is a threat to humanity; we have insufficient control over the technology we create. Humans and machines are mutually dependent.	Agents	Humans "scorched the skies" resulting in the machines taking over, become slaves to their own creation. Machines need humans to live and vice versa.	"Never send a human to do a machine's job." (Smith) "Like everyone else you were born into bondage, born into a prison that you cannot smell or taste or touch. A prison for your mind " (Morpheus)
There is more to existence that what we see in front of us. (Link to Plato's Cave)	All	The Matrix hides reality from those plugged in, in order to control human beings.	"The Matrix is everywhere. It is all around us, even now in this very room It is the world that has been pulled over your eyes to blind you from the truth." (Morpheus) "There is no spoon." (Boy in Oracle's waiting room)
Humans are both noble and ignoble	All	The human race can be stupid [e.g. destroying their own earth] and passive [e.g. choosing to take the easy way out and stay in the Matrix]. But they can also be heroic [e.g. Resistance movement]. The film has a strong message that the human race, despite its failings, is worth saving.	"It was us who schorched the sky." (Morpheus) "The only way you can survive is to spread to another area. There is another organism on this planet that follows the same pattern. Do you know what it is? A virus." (Smith